

# Coronavirus (COVID-19) and entering or returning to the UK

If you're a resident or visitor travelling to the UK, you must:

- [provide your journey and contact details](#) 提供你的旅行及联系方式
- not leave the place you're staying for the first 14 days you're in the UK except in very limited situations (known as 'self-isolating')

**! You may be fined up to £100 if you refuse to provide your contact details. You may be fined more if you break this rule more than once. You may also be fined up to £1,000 if you refuse to self-isolate, or you could face further action.**

## Related content

[Your rights at the airport](#)

[Bringing goods into the UK](#)

[Take cash in and out of the UK](#)

[Bringing food, animals or plants into the UK](#)

[Hand luggage restrictions at UK airports](#)

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Collection

[Coronavirus \(COVID-19\): immigration and borders](#)

If you're travelling by Eurostar or Eurotunnel:

- put 'Eurostar' or 'Eurotunnel' when the form asks 'What is the flight number, train service or ship name that you will arrive on?'
- provide your scheduled time of departure

Contact the helpline if you need help with completing the form or have questions about self-isolation.

For queries relating to who does not need to complete the form or self-isolate, please [read the list of those who are exempt and the evidence they should provide](#).

### Form and self-isolation helpline

Telephone: 0800 678 1767

Monday to Friday, 9am to 5pm

[Find out about call charges](#)

**Start now >**

点击此处

## Before you start

You will need:

- your passport information
- your travel details, including times and dates
- the address where you will stay in the UK (if applicable)

You cannot submit this form until 48 hours before your arrival time in the UK.

You can save your information and complete it later. If you are inactive for 25 minutes, you will be automatically signed out. If you return to this form within 7 days, your information will be deleted.

The information you provide will be used by the Home Office and Public Health England, as described in the [privacy policy](#).

**Start now**

点击此处，开始填写

## Register an email 注册电子邮件

Enter an email address and password so you can save your answers. You will then be emailed a unique link to let you log back in to your form at a later point, if needed.

Throughout your form, you can select the option to 'Return to this form later' in order to re-send the link to your latest saved form.

Email address

输入一个自己常用的邮箱

Create a password 您的密码必须为8个字符或更长，并包含一个字母、一个数字或符号。

Your password must be 8 characters or longer and include a letter and a number or symbol.

创建密码

Repeat your password

重新输入该密码

Save and continue

点击此处，保存并继续

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## Who is this form for?

您是否正在代替他人填写此表格？

Are you completing this form for someone else?

☐

Yes

☐

No

Save and continue

点击此处，保存并继续

[Return to this form later](#)

## Your telephone number 您的电话号码

Provide your telephone number

Only include numbers, and for international numbers include the country code. You will be able to add any additional telephone numbers after you click 'Save and continue'.

提供您的电话号码，若为国际号码请一并填写国家代码

Where do you use this telephone number? 您在哪里使用这个电话号码？

You can select more than one option

☐

For use whilst in the UK 在英国使用

☐

For use whilst out of the UK 在英国境外使用

Select whether this is your home, mobile or work telephone number 请选择这是您的家庭电话号码、移动电话号码还是工

You can select more than one option

作电话号码

☐

Home telephone number 家庭电话号码

☐

Business telephone number 工作电话号码

☐

Mobile telephone number 移动电话号码

Save and continue

点击此处，保存并继续

1. Start 2. Form 3. Declaration 4. Download and print

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## Any other telephone numbers

您是否还有其他电话号码？

Do you have any other telephone numbers?

☐

Yes

☐

No

Save and continue

点击此处，保存并继续

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## Contacting you by telephone

Are you able to be contacted by telephone? 可以通过电话联系到你吗?

- ☐ I can be contacted by telephone call and text message (SMS)  
我可以通过电话和短信联系
- ☐ I can only be contacted by telephone call  
我只能通过电话联系
- ☐ I can only be contacted by text message (SMS)  
我只能通过短信联系
- ☐ I cannot be contacted by telephone call or text message (SMS)  
无法通过电话或短信与我联系

Save and continue

点击此处，保存并继续

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## Your name 你的名字

输入您的姓名，如当前护照或旅行证件所示。

Enter your name, as shown in your current passport or travel document.

Your given name is usually your first name. Your family name is the surname that is shared by your family. If you have middle names, include these with your given name. If your name has a suffix (e.g. Jr), include this with your given name. If you have a patronymic name include it with your given names. You must tell us all your given names.

Given name(s)

此项填写名

Other family name

此项填写姓

▶ [I cannot enter my name using a current passport or travel document](#)

Save and continue

点击此处，保存并继续

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## Any other names 其他名字

除了已经提供的名字之外，您是否还有现在或曾经使用过的其他名字？

In addition to the names already provided, are you now or have you ever been known by another name?

You must provide all your names. For example, if you changed your name after marriage or have a different name that you use for professional purposes.

☐ Yes ☐ No

Save and continue

点击此处，保存并继续

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## Your travel plans 您的旅行计划

When do you plan to arrive in the UK? 您打算什么时候到达英国？

For example, 24 6 2020

Day Month Year  
   请分别填写 日 月 年

What time will you arrive? 您具体到达英国的时间为？

For example, 14:30

Hour Minute  
  请分别填写 小时 分钟

When do you plan to leave the UK? (optional) 您打算什么时候离开英

For example, 24 6 2020 国？（可选）

Day Month Year  
   请分别填写 日 月 年

Save and continue

点击此处，保存并继续

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## Your sex 您的性别

What is your sex? 您的性别为？

☐

Female 女性

☐

Male 男性

☐

Prefer not to say 不提供

Save and continue

点击此处，保存并继续

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## Your date of birth 您的生日

Date of birth

For example, 24 6 2020

Day Month Year

请依次填写 日 月 年

Save and continue

点击此处，保存并继续

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## Your home address 您的家庭住址

Home address 家庭地址

Town/City 城镇/城市

Province/State 省/州

Postal code (if applicable) 邮政编码 (如适用)

Country 国家

Save and continue

点击此处，保存并继续

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## Your passport 您的护照



You must use your passport or travel document to complete this section.

请您务必用护照或旅行证件来完成这一部分。

Passport number or travel document reference number

护照号码或旅行证件号

Issuing authority

On your passport or travel document this could also be referred to as 'country of issue' or 'place of issue'.

签发地点

Issue date 签发日期

Enter date in the format DD MM YYYY

Day

Month

Year

请依次填写 日 月 年

Expiry date 截止日期

Enter date in the format DD MM YYYY

Day

Month

Year

请依次填写 日 月 年

Save and continue

请点击此处，保存并继续



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## Staying in the UK 关于停留英国相关信息

Are you passing through UK border control? 您需要接受英国边境管制吗？

☐

Yes 是的

☐

No, I am changing flights in the UK within 24 hours without going through UK border control

不，我将在24小时内英国转机，不接受英国边境管制

Save and continue

点击此处，保存并继续

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## Details of your arrival in the UK 您抵达英国的详细情况

Where will you arrive in the UK?

For example, Heathrow Airport

您将到达英国哪里（具体机场）？

What country are you travelling from?

您的出发国家为？

Which operator will you be travelling with?

For example, the airline or operator name

您将乘坐哪一航空公司的航班前往？

What are the booking reference(s) for your travel?

您的旅行预约号是多少？

What is the flight number, train service or ship name that you will arrive on?

您将要到达的航班号、火车号或船名是什么？

What is your seat number? (if relevant)

你的座位号是多少？（如果相关）

Save and continue

点击此处，保存并继续

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## Travelling as part of an organised group

去英国旅行时您会选择参团吗？

Will you be travelling to the UK as part of an organised group?

This include travel companies or sports, work, or study groups.

这包括旅游公司或体育、工作或学习团体。

☐

Yes

☐

No

Save and continue

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## People you are travelling with

您将会和未满18岁的人一起去英国旅行，并将他/她包含在这张表上？

Are you travelling to the UK with anyone under 18 years old, that you are including on this form?

They do not need their own form if you will travel together and stay at the same addresses.

如果你们一起旅行并住在同一个地址，他们不需要额外填写自己的表格。

☐

Yes

☐

No

Save and continue

点击此处，保存并继续

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## Exemption from self-isolation

您在英国的前14天是否免于自我隔离？

Are you exempt from self-isolating for the first 14 days you are in the UK?

Read the [guidance](#) for information about who is eligible for exemptions from self-isolation

阅读指南了解是否有资格免于自我隔离

☐

Yes

☐

No

Save and continue

点击此处，保存并继续

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## Where you will stay

您知道您在英国的前14天会待在哪里吗？

Do you know where you will stay for your first 14 days in the UK?

☐

Yes

☐

No

Save and continue

点击此处，保存并继续

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## Accommodation in the UK    关于在英国的住宿

您打算和谁一起住在英国？（若住在朋友/亲戚/他人家，请提供其全名）

Who are you planning to stay with in the UK?

If you are staying with friends, relatives, or in another person's home, give their full name.

你在英国的前14天会住在哪个地址？

What address will you stay at for your first 14 days in the UK?

If you plan to stay in more than one place, you can add another address on the next page.

Town/City    城镇/城市

Postcode    邮编

When will you arrive there?    你将什么时候到达？

For example, 24 6 2020

Day    Month    Year

请依次填写 日 月 年

When will you leave there?    你将什么时候离开？

For example, 24 6 2020

Day    Month    Year

请依次填写 日 月 年

**Save and continue**

点击此处，保存并继续



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## Other accommodation in the UK

在英国的头14天里您还有其他住宿地址吗？

Will you stay anywhere else during your first 14 days in the UK?

☐

Yes

☐

No

Save and continue

点击此处，保存并继续

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## Emergency contact 紧急联系人

We will use these details if another passenger tests positive for coronavirus and we have not been able to contact you directly.

Their name

名字

Their telephone number

Only include numbers. Include their country code for international numbers.

电话号码（无需填写国家代码）

Their email address

电子邮件

Save and continue

点击此处，保存并继续

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## Declaration 声明

I declare that:

- I will arrive in the UK within the next 48 hours
- the information I have entered in this form is correct

我将在48小时内到达英国

我在这张表格中输入的信息是正确的

Submit

提交表格，再进行表格的下载及打印即可